

2026 Rooks County 4-H Club Day Guidelines:

Rooks County 4-H Club Day will be held on Monday, March 2, 2026, at the NW Ag Education Center in Palco. Age divisions are: Juniors 7-9, Intermediates 10-13, and Seniors 14 & Older, as of January 1, 2026. Cloverbuds are not allowed to compete in 4-H Club Day, but will have Show and Tell at one of their meetings. Entries are due by Friday, February 20 at 12:00 pm. Please register by calling the Phillips-Rooks Extension District Office at 785-425-6851.

Judges will utilize these guidelines and official scoresheets when evaluating entries to assign Blue (exceeds standard), Red (meets standard) or White (does not meet minimum requirements) ribbons. Top Blue and Alternate entries will be chosen for Regional 4-H Club Day on Friday, March 27 at Trego County School in WaKeeney. Entries need to be called in to 785-425-6851 by 12:00 pm on March 25.

Available Kansas 4-H resources to assist with 4-H Club Day event preparation are hyperlinked in this document for your reference. These publications and the scoresheets that are not available online are also available through the Phillips-Rooks Extension District Office. Call 785-425-6851 with any questions.

Public Presentations

[Kansas 4-H Public Presentations Overview Resource](#)

[Kansas 4-H Visual Aids Resource](#)

[Kansas 4-H Presentations Tip Sheet](#)

Show and Tell

- ❖ For first- and second-year members, usually 7-10 years of age.
- ❖ Time limit 5 minutes
- ❖ Can be on any topic or item.
- ❖ Do NOT advance to regional competition.

Project Talks: Short talk about one of the member's projects. This could include promoting the project, informing listeners about a topic related to the project or sharing project experiences. Questions are not asked for at the end of a project talk. See [Kansas 4-H Resource](#) and [Scoresheet](#)-

- ❖ Age: Juniors 7-9; Intermediates 10-13 years
- ❖ The presentation should be of sufficient length to cover the topic adequately, three minutes minimum and 15 minutes maximum.
- ❖ Visuals may be used, including PowerPoint.
- ❖ Two entries from each age division may be chosen for regional competition. Those receiving a Top Blue will be eligible to compete at the Kansas State Fair.

Public Speaking: Prepared speeches by Senior members WITHOUT visual aids. Questions are not asked for at the end of a speech. See [Kansas 4-H Resource](#) and [Scoresheet](#)

- ❖ Age: Seniors 14-18
- ❖ The presentation should be of sufficient length to cover the topic adequately, three minutes minimum and 15 minutes maximum.
- ❖ One or two note cards are suggested.
- ❖ Presentations must be the 4-Her's own original work on any topic of their choosing.
- ❖ An outline must be provided for the judge before the presentation.
- ❖ Two entries may be chosen for regional competition. Those receiving a Top Blue will be eligible to compete at the Kansas State Fair.

Extemporaneous Speaking: Senior members will draw a speech topic and be given 10 minutes to organize their thoughts and prepare a 3-5 minute speech including an introduction, body and conclusion. Speeches will be judged on the same criteria as in Public Speaking.

- ❖ Seniors 14 years and older
- ❖ Participants will draw a topic relating to 4-H; for example, "How have your past 4-H experiences prepared you to set and achieve your future goals?"
- ❖ One note card can be used.
- ❖ Two entries may be chosen for regional competition.

Demonstrations and Illustrated Talks: Show or tell how to do something. A demonstration ([Kansas 4-H Resource](#)) involves actually showing the steps using necessary supplies and equipment and may include visual aids, whereas an illustrated talk ([Kansas 4-H Resource](#)) tells about the process using visual aids. Also see division [Scoresheet](#)

- ❖ Junior 7-9, Intermediate 10-13 and Senior 14-18
- ❖ Visuals may include posters or PowerPoint
- ❖ The presentation should be of sufficient length to cover the topic adequately, three minutes minimum and 15 minutes maximum.
- ❖ Presentations may be by individuals or teams.
- ❖ All necessary equipment provided by 4-Her.
- ❖ Topic is of 4-Her's choosing.

Two entries from each age division may be chosen in the combined Demonstrations/Illustrated Talks category for regional competition. Those receiving a Top Blue will also be eligible to compete at the Kansas State Fair. The theme for the Kansas State Fair demonstrations and illustrated talks will be "How has Your Journey in 4-H Contributed to Being Beyond Ready for Current Challenges and Future Goals."

Parliamentary Procedure

Model Meeting: Only the business portion of the meeting is presented. This year all clubs will include a "division of the question" motion. See [Kansas 4-H Resource](#)

- ❖ Agenda must be given to judge before meeting

- ❖ The secretary has 30 minutes after the meeting to turn in a set of notes (NOT minutes) One leader may supervise the secretary.
- ❖ Maximum time allowed is 20 minutes.
- ❖ One model meeting may be selected for regional competition.

Music

Vocal Ensemble or Chorus: Ensembles are composed of 2-15 members from one or more clubs, not including accompanist. Choruses are composed of 16 or more members, from one or more clubs. If club membership is below 16, a chorus of 12 is acceptable.

- ❖ Groups sing one song of their choice.
- ❖ Copy of the selection, with numbered measures, must be given to the judge before performing.
- ❖ Director and accompanist need not be 4-Hers, but they cannot sing with the group unless they are 4-H members.
- ❖ Selections do not need to be memorized.
- ❖ Singing may be with or without accompaniment.
- ❖ One vocal ensemble and one chorus may be chosen for regional competition.

Instrumental Ensemble or Band/Orchestra

- ❖ Ensembles are composed of 2-15 members from one or more clubs. Bands are composed of 16 or more members from one or more clubs.
- ❖ Groups play one song of their choice.
- ❖ Copy of selection, with numbered measures, must be given to judges before performing.
- ❖ Directors need not be 4-Hers, but cannot play with the group unless they are 4-Hers.
- ❖ Selections do not need to be memorized.
- ❖ One instrumental ensemble and one band/orchestra entry may be chosen for regional competition.

Vocal Solo

- ❖ Junior 7-9, Intermediate 10-13 and Senior 14-18
- ❖ Participants will sing one number.
- ❖ Copy of the selection, with measures numbered, will be given to judges before performing.
- ❖ Accompanist need not be a 4-Her.
- ❖ Selection does not need to be memorized.
- ❖ Include 1-2-minute presentation on the song, composer, etc.
- ❖ One entry from each age division may be chosen for regional competition.

Instrumental Solo

- ❖ Junior 7-9, Intermediate 10-13 and Senior 14-18
- ❖ Participant will play one number.
- ❖ Copy of the selection, with measures numbered, will be given to judges before performing.
- ❖ Selection does not need to be memorized.
- ❖ Include 1-2-minute presentation on the instrument, composer, etc.

- ❖ One entry from each age division may be chosen for regional competition.

Dance

Two dance entries from any category may be chosen for regional competition.

Folk Dance – circle dance, polka, schottische, etc., done by one to six couples.

- ❖ Group limited to one dance or five minutes performing time
- ❖ All necessary equipment provided by 4-Hers.

Square Dance – composed of one set of four couples of any age.

- ❖ Each group limited to one dance or five minutes of performing time.
- ❖ A recording or live music may be used, but musicians must be 4-Hers if live music is used.
- ❖ A recording with calls or live calling may be used, but the caller must be a 4-Her if done live.

Other Dance – tap, ballet, acrobatic dance, etc.

- ❖ May be done by an individual or group of no more than 12 members of any age.
- ❖ Participants limited to one dance or five minutes of performing time.

Talent

Poetry and Prose (Reading)

- ❖ Junior 7-9, Intermediate 10-13 or Senior 14-18
- ❖ Dramatic, interpretive, humorous or other type of reading that can be done in fifteen minutes or less.
- ❖ Should not be memorized.
- ❖ Two entries from each age division may be chosen for regional competition. Those receiving Top Blue are also eligible to compete in Poetry and Prose at the Kansas State Fair.

Skit/Creative Dramatics

- ❖ Any age and number in group
- ❖ Designed for original skits written by 4-H members or other amateurs.
- ❖ Time: 5-15 minutes
- ❖ Skits may be rehearsed or extemporaneous.
- ❖ Skits need to be memorized, except narration.
- ❖ Does not have to be 4-H related.
- ❖ One entry may be chosen for regional competition.

Other Talent – Novelty numbers, stunts, pantomime, puppets, and other types of talent not already listed.

- ❖ May be an individual or group of any age
- ❖ Time: should not exceed 5 minutes
- ❖ One entry may be chosen for regional competition.