



Beyond Ready

ROOKS COUNTY FREE FAIR
EDITION
4 - H NEWSLETTER



KANSAS STATE
UNIVERSITY

Extension
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ROOKS COUNTY FREE FAIR NEWS

FAIR ENTRIES DUE

July 24. The Rooks County Free Fair entry forms are available in this newsletter edition. The Rooks County Free Fair 4-H Book is available online [4-H & Open Class](#)

YOUTH FOR THE QUALITY CARE OF ANIMALS (YQCA) TRAINING

July 24 deadline. YQCA is mandatory for members planning to sell livestock in the Rooks County Free Fair 4-H/FFA Livestock Sale. For those of you that still need to complete the training you may do so online at [YQCA \(yqcaprogram.org\)](http://YQCA.yqcaprogram.org) . Coupons are available to cover the cost of the training. Once the training has been completed please provide a copy of the certificate to the Phillips-Rooks Extension District Stockton Office by July 24, please email to jreichar@ksu.edu

FAIR SET UP

July 30 at 6:30 pm. All clubs will be responsible for helping set up for fair. The Eager Beaver 4-H Club will be organizing fair set up. You will need to bring rags, buckets, hammers, pliers, and screwdrivers.

BOOTH SET UP

August 1 from 8:00 a.m. to noon at the 4-H Building.

4-H FOOD STAND

A meeting will be held August 1 at 11:00 a.m. at the 4-H Building. 2 representatives from each club are required to attend, but all are welcome to attend. Cash register training will be provided. Each club is to bring 10 pies for their scheduled day.

Tuesday—Mt. Pleasant 4-H Club 7:00 am to 10:00 pm.; Grill will shut down at 9:00 pm

Wednesday—Eager Beaver 4-H Club 7:00 am to 10:00 pm; Grill will shut down at 9:00 pm

Thursday—Helpful Hands 4-H Club 7:00 am. to 10:00 pm; Grill will shut down at 9:00 pm

Friday—Palco 4-H Club 7:00 am to 10:00 pm; Grill will shut down at 9:00 pm

Saturday—Star 4-H Club 7:00 am to close

FAIR ENTRY CARDS

Pre-made entry cards will be used. Entry cards can be picked up when you turn in your fair pre-entry sheet to the Phillips-Rooks Extension District Stockton Office. We will also be using entry cards for sewing labels.

ROOKS COUNTY FREE FAIR NEWS

PHOTO MATS

Members in photography will need photo mats. These are available at the Phillips-Rooks Extension District Stockton Office. NOTE: use spray adhesive for your photographs. A photo bag will be provided to protect your photographs. **Be sure to mount your photos correctly. Check out the rules in the 4-H Fair Book.** [4-H & Open Class](#)

PLASTIC FOOD BAGS

Large plastic food bags for cakes, pies, specialty breads and large food items are available at the Phillips-Rooks Extension District Stockton Office. **All foods must be properly wrapped for fair entry. If foods are not properly wrapped they will be dropped one ribbon placing.**

FOOD EXHIBITS

No alcohol or perishable items as garnishes should be included as an ingredient in food entries. Entries with alcohol or perishable items as garnishes in the recipe will be disqualified and not be judged. Frosting and fillings should contain more than 65% sugar for safety. Examples on how to calculate this percentage are in this publication: [MF3544 Food Safety of Frostings and Fillings \(ksu.edu\)](#) Calculation must be attached to the entry using the worksheet included in this newsletter edition.

USE OF COPYRIGHT and/or TRADEMARK MATERIAL

Brand names, logos and quotations should **not** be used on 4-H exhibits at county and state fairs. If you desire to use a logo, brand name or quotation it is a requirement for the 4-H member or group to contact the original source and receive written permission. This is so the material can be used in good faith. The written permission then needs to be attached to the exhibit or displayed if used in a public presentation. If you have any more questions please contact the Phillips-Rooks Extension District Stockton Office, or refer to the rules in the 4-H Fair Book. [4-H & Open Class](#)

CAT, DOG, and HAND PET PROJECT MEMBERS

You need to make an 8"x10" poster with a photo of you and your cat, dog, and/or hand pet . The photo should be at least 4"x6". Please bring the poster to the 4-H Building prior to the show and you can hang your poster.

HORSE PROJECT MEMBERS

To exhibit at the Rooks County Free Fair you must have properly identified your horse(s) on a horse identification certificate by May 1 of the current year. Proof of a negative EIA (Coggins) test conducted by a state approved laboratory within 12 months of show date must be provided.

HORSE, LIVESTOCK, RABBITS, & POULTRY CHECK IN

Beef, Goats, Horse, Sheep, and Swine—August 3 from 8:00-11:00 am

Rabbits and Poultry—August 3 from 8:00 am-5:00 pm

Beef and Swine—August 4 from 8:00-11:00 am

All livestock will be weighed on the digital scales. An animal will be allowed to be weighed only one time and the weight will be official. The scale location is by the hog barn. A veterinarian must inspect all goats and sheep prior to being unloaded from the trailer.

ROOKS COUNTY FREE FAIR NEWS

LIVESTOCK INFORMATION

The Fair Board will allow use of wood chips in the beef, goat, horse, sheep and swine barns. It will be the responsibility of the 4-Hers to purchase their own wood chips. NO STRAW will be allowed! Beef can also be bedded on sand. Boxes will be provided for livestock waste at the end of the barn. Please keep all other trash out of these boxes.

After each show held in the arena, **ALL** participants must come back and pick up the trash in the area. This way the arena is neat and tidy for the next show. Please do your part.

Members intending to allow their animals to be used in the large animal round robin are asked to sign up in the 4-H Office by August 6 at 5:00 pm.

Members intending to sell animals at the Rooks County Free Fair 4-H/FFA Livestock Sale must turn in a **Sale Intention Form to the Open Class Fair Office by August 6 - 30 minutes following the 4-H Beef Show or by 1:00 pm. No changes will be made after this time.** Please be sure to fill out the form completely. You will need to provide your social security number.

"BLOW and SHOW" DEFINITION

The 4-H Fair Book states all livestock shows are "blow and show". Any product used must be water-soluble, nothing stiff or sticky. Consequences for not following the blow and show rule: Complaint must be in writing unless observed by the superintendents. If improper use of grooming products can't be fixed by show time the exhibitor forfeits all awards and prize monies. This could result in disqualification from future shows. The superintendents and Extension Agent serve as final decision in written protest.

BEEF PROJECT MEMBERS

The ultrasound equipment for carcass information will be set up on August 4 at 11:00 a.m. in the Open Class Beef Barn. This will be for all steers and heifers including breeding heifers.

SPONSOR RECOGNITION

All of the sponsors to 4-H are very important. Please take a few minutes to send THANK YOU's. to the sponsors of awards you win. You can purchase 4-H Thank You notes for \$0.50 each at the Phillips-Rooks Extension District Stockton Office.

STATE FAIR ENTRIES

State Fair Entries (non-livestock) are due to the 4-H Office at the fair on August 8. You will need to fill out an entry form for all State Fair entries. The form will NOT be accepted after August 8. 4-H members are responsible for reading the State Fair rules for the project area they are participating in.

FAIR PREMIUM CHECKS

A computer list printout for each exhibitor will be available. Please pick up this printout on August 8. You will have a week to let the office know of any errors. Then your check will be printed and handed out to your leader. Once your check is printed it is final and no changes will be made.

FAIR CLEAN UP

The Rooks County Free Fair Board is working to get an inmate crew to complete fair clean up.

ROOKS COUNTY FREE FAIR NEWS

MONDAY, AUGUST 3 JUDGING SCHEDULE 4-H BUILDING

FOODS JUDGING

8:30 am to noon—All foods must be in the 4-H Building by 11:00 am

VISUAL ARTS JUDGING

9:00 am to noon—All visual arts must be in the 4-H Building by 11:00 am

ALL OTHER PROJECTS JUDGING

EXCEPT HORTICULTURE, FLORICULTURE, & AGRONOMY

10:00 am

FIBER ARTS JUDDGING

30 minutes after Visual Arts

PHOTOGRAPHY JUDGING

1:00 pm—All photography must be in the 4-H Building by noon.

AGRONOMY, FLORICULTURE & HORTICULTURE

5:00 pm—Must be in the 4-H Building

TUESDAY, AUGUST 4 JUDGING SCHEDULE 4-H BUILDING

4-H FOOD SALE

8:00-10:00 am

AGRONOMY, FLORICULTURE & HORTICULTURE JUDGING

8:00 am



ROOKS COUNTY FREE FAIR 4-H FOOD STAND SCHEDULE

Tuesday—Mt. Pleasant 4-H Club 7:00 am to 10:00 pm

Wednesday—Eager Beaver 4-H Club 7:00 am to 10:00 pm

Thursday—Helpful Hands 4-H Club 7:00 am to 10:00 pm

Friday—Palco 4-H Club 7:00 am to 10:00 pm

Saturday—Star 4-H Club 7:00 am to close



Rooks County Free Fair
4-H - FFA - FCCLA - FCE Combined Entry Card

Exhibitor Name: _____

Age (as of January 1 of current year) _____

Check Appropriate Box: ☐4-H ☐FFA ☐FCE

Club, Chapter, or Unit: _____

Number of Horse Stalls Needed _____

Dept.	Class	Lot	Description	Breed	Tag No.
2	C	2	Breeding Beef - junior heifer calf - January 24	MAXX	96314
18	B	4	Foods Level II - A food gift package		

Member's Signature: _____

Parent's Signature: _____

Leader's Signature: _____

Livestock Exhibitors must also complete the back side of this form.
****Due to the Phillips-Rooks Extension District Office by July 24th.**

ROOKS COUNTY 4-H/FFA LIVESTOCK CODE OF ETHICS

(This section is for ALL livestock exhibitors; horse, beef, sheep, swine, dog, dairy, goat, poultry, rabbit.)

I believe that my participation in the Rooks County 4-H and FFA Livestock Program should demonstrate my own ability, knowledge, and skill as a trainer, feeder and fitter of livestock. I will do my own work and only accept advice and support from others.

I certify that I have enrolled in the 4-H or FFA projects for which I am showing and have participated in the educational programs offered pertaining to this project. In addition, I understand and have met all ownership, weigh-in, tagging, health, and other identification requirements of the project.

In conducting my project, I will not use abusive or questionable techniques in the buying, feeding, training, fitting, showing, or general care of my animals prior to or during the fair. I will not resort to fraudulent, illegal, or deceptive practices when buying, fitting, or showing animals. I will not allow my parents, leaders, teachers, agents, or other adults to employ such practices on my behalf.

I will read and understand the rules of all livestock shows in which I am a participant. I ask that my parents, leaders, teachers, agents, or other adults not break the rules or make exceptions on my behalf. I agree to conduct myself in a sportsmanlike manner, accepting both praise and critique gracefully. I shall not directly criticize or interfere with show judges, fair or show management, or other exhibitors.

I wish for my livestock project to be an example of how to accept what life has to offer---good and bad---and how to live with the outcome. I realize that I am responsible for: the proper care and treatment of my animals, the production of wholesome food, and the development of sound moral character in myself and others, and that my actions reflect directly upon me, my family, my club, and the 4-H and FFA organizations in Rooks County and in Kansas. Therefore, I agree to abide by the Livestock Code of Ethics and the Kansas 4-H Events Code of Ethics.

Market Animal Drug Withdrawal Form

(This Section to be completed by exhibitors showing and selling market animals through the livestock sale.)

I am aware that many chemical substances used in livestock production and showing have withdrawal times before slaughter. Such products could be: implants, feed additives, vaccines, medications, medicated shampoos, insect repellants, premises sprays, and pesticides on grazing areas. I also know that tranquilizers and other non-approved substances should not be used in food animals.

I certify that: (mark all that apply)

☐ I have read the Livestock Ethics rules contained in the Fair Book.

☐ I have followed recommended production practices and that I have not abused my animal or administered unlabeled or illegal substances.

☐ while in my ownership, my animals have never been given any labeled substances which required a withdrawal time before slaughter.

☐ I have given labeled over-the-counter or prescription substances under the direction of my veterinarian and am providing the following withdrawal information. I understand that if withdrawal has not been met, I am still allowed to show and sell through the premium auction. However, I must buy the animal back and feed it through the required withdrawal time at which time it will be slaughtered.

4-H /FFA Tag Number	Medication or Treatment	Date Given	Withdrawal Clear Date	Not Cleared, I will Buy Back

(Signature section to be completed by ALL livestock exhibitors and their parent or guardian.)

Exhibitor Signature _____

Date _____

Parent or Guardian Signature _____

Date _____



Frostings and Fillings Worksheet

List all ingredients and weight in grams

Conversion to grams from cups or tablespoons can be found at kingarthurbaking.com/learn/ingredient-weight-chart

Ingredients	Weight in Grams
Line 1: Total weight	
Line 2: Weight of sugar (from above)	
Line 3: Weight of sugar (in Line 2) divided by Total weight (in Line 1)	
Line 4: Multiply Line 3 by 100 for the % of sugar	%

Is Line 4 higher than 65%? YES or No

If Yes, this recipe is considered safe to be stored at room temperature.

Example: Simple Buttercream Frosting

Ingredients	Weight in Grams
2 cups unsalted butter	454
8 cups powdered sugar	960
½ teaspoon salt	3
¼ cup heavy cream	59
2 teaspoons vanilla extract	8
Total weight	1,484

% sugar: $(960/1,484) \times 100 = 65\%$

This frosting meets the minimum requirement of 65% sugar and considered safe at room temperature.



Common Frosting and Filling Ingredients

Ingredient	Household Measure	Grams
Brown sugar	1 cup	213
Butter or margarine	8 tablespoons (½ cup)	113
Coconut cream	1 cup	284
Corn syrup	1 cup	312
Cream, milk, half and half	1 cup	227
Espresso powder	1 tablespoon	7
Evaporated milk	½ cup	113
Granulated sugar	1 cup	198
Lemon juice, lime juice, orange juice	1 tablespoon	14
Peanut butter	½ cup	135
Powdered sugar	2 cups	227
Semi-sweet chocolate chips	1 cup	170
Unsweetend chocolate bars	2 pieces	14
Unsweetend cocoa powder	½ cup	42
Vanilla extract or other flavored extract	1 tablespoon	14
Vegetable shortening	¼ cup	46
Water	1 cup	227

More ingredients can be found at kingarthurbaking.com/learn/ingredient-weight-chart

More information and resources are available in “Food Safety of Frosting and Fillings,” available at bookstore.ksre.ksu.edu/pubs/MF3544.pdf



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Kansas State University Agricultural Experiment Station and Cooperative Extension Service

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4H1171 June 2024

GROW A PUMPKIN GROW OUR FAIR!

The Fair of Champions

Here's Inspiration!



Any 4-H or FCE Member that includes pumpkin and or squash in their Fair Exhibits will be eligible to win a FREE treat at the 4-h Food Stand!

See You at RCFF New Dates August 4-9 2026!

Questions Call
Phillips-Rooks Extension District
785-425-6851



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4-H/FFA JUDGING SCHEDULE

Monday, August 3

- 8:30 am Foods
- 9:00 am Visual Arts
- 10:00 am All other projects except Horticulture, Floriculture, & Agronomy
- 30 minutes after Visual Arts is Fiber Arts judging
- 1:00 pm Photography
- 1:00 pm Cats and Hand Pets
- 2:00 pm Dogs
- 2:00 pm 4-H Cloverbuds Project Showcase

Tuesday, August 4

- 8:00 am Agronomy, Floriculture, & Horticulture
- 8:00 am Horses
- 11:00 am Beef Carcass Ultrasound
- 4:00 pm Dairy Goats, Sheep, & Meat Goats

Wednesday, August 5

- 8:00 am Swine
- 1:00 pm Rabbits and Poultry
- 1:00 pm Horticulture Judging Contest
- 1:00 pm Life Skills Judging Contest
- 1:00 pm Photography Judging Contest

Visit our website:

<https://www.phillipsrooks.k-state.edu/4-h/>

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Thursday, August 6

- 8:00 am Beef
- 2:00 pm Livestock Judging Contest

Friday, August 7

- 8:00 am Large Animal Round Robin
- 11:30 am Small Animal Round Robin
- 6:00 pm 4-H/FFA Livestock Sale

Saturday, August 8

- 4:00 pm Ag Olympics

Sunday, August 9

- 7:00-9:00 am All 4-H Exhibits Released

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