



Beyond Ready

OCTOBER 2025
4 - H NEWSLETTER



K-STATE
Research and Extension



Phillips Rooks
District

115 N Walnut Street
Stockton, KS 67669
785-425-6851

784 Sixth Street
Phillipsburg, KS 67661
785-543-6845

Team:
Anna Muir, Director
Rachael Brooke, Agent
Jenny Reichard, Office Professional
Cody Miller, Agent
Cindy Walker, Agent
Kristin Nash, Office Professional

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STATE 4-H NEWS

NATIONAL 4-H CONFERENCE & YOUTH LEADERSHIP COUNCIL

The application for and information about the [State 4-H Youth Leadership Council](#) and [National 4-H Conference](#) is open and available now! The Youth Council Application and National 4-H Conference Application will be combined again this year, with applicants indicating if they are applying for one or both opportunities. Any Kansas 4-H member between the ages of 14 and 18 before January 1, 2026, may apply as a Council Rep, and those 15-18 before January 1, 2026, may apply for the National 4-H Conference. This year's KYLF delegation will elect representatives from these four extension program areas (NE, NW, SE, SW) for one-year terms on the council. Up to 6 National Conference Delegates will be selected through an interview prior to KYLF, and they serve a two-year term on the council. The deadline will be October 1.

48 HOURS OF 4-H

Let's see how much we can give back to our communities! The weekend after National 4-H Week, October 11 and 12, is the perfect opportunity to set up a service project. Invite your friends, clubs, adult volunteers, and 4-H Alums too! It's time to make plans for your club to participate, and registration is open on the [48 Hours of 4-H](#)

KANSAS 4-H LEADERSHIP WEEKEND

November 22-23 at Rock Springs 4-H Ranch and consists of the Kansas Youth Leadership Forum (KYLF) and the Kansas Volunteer Leader Forum (KVF). KYLF is for youth ages 14-18 before January 1, 2026, and KVF is for all Kansas 4-H Volunteers. KYLF will feature leadership workshops, Youth Council Elections, and opportunities to learn and have fun. The Kansas 4-H Volunteer Leader Forum will feature workshops and information to help volunteers be more effective and learn from each other. This Forum for adults is organized by the Kansas Association of 4-H Volunteers. Registration deadline is October 15, for both events. There will also be an option for coming in on Friday evening and having breakfast Saturday morning for those coming from a distance. For more information—[Kansas Youth Leadership Forum](#) and [Kansas Volunteer Leader Forum](#)

INTERNATIONAL EXCHANGE OPPORTUNITIES IN 2026

Kansas 12-18-year-olds, at the time of the exchanges in the summer of 2026, are eligible to participate in one-month exchanges beginning in June and July with accepted applicants from other states. Destinations include Costa Rica, Japan, Taiwan, South Korea, and Argentina. All exchanges include a homestay with a host family. Adults, 25 and over, may apply as chaperones for each of the groups. For more information, contact Mary Kay Munson, Kansas 4-H Exchange Coordinator, at 785-375-3189 or mkm2@ksu.edu. Kansas applications are due online by November 1 through the States' 4-H web-based application. The online application includes reference forms and photo requirements. Applicants will be expected to participate in interviews and a first orientation on November 21, in Junction City. Details will be communicated to applicants after November 1. For more information check out—[Global Citizenship](#)

STATE 4 - H NEWS

WHAT 4-H FAMILIES NEED TO KNOW ABOUT 4-H PUBLICITY

As we begin the 2025–2026 4-H year, it's important to understand how publicity permissions are handled and how we, as Extension professionals, can responsibly share the stories and successes of you, our 4-H members. **What Is the Publicity Release?** When families enroll in 4-H Online, they are asked to agree (or not agree) to a publicity release. This release gives permission for the use of a member's name, image, and likeness by: Local Extension Units, Kansas State University (including the State 4-H Office), and The Kansas 4-H Foundation. This includes use in photos, videos, social media, websites, press releases, and more. If a family selects **"I Do Not Agree,"** their child's name and image **cannot** be used. Some examples include: Kansas State Fair & County Fair entry cards, schedules, or results, local or state contests, social media posts, and news articles or promotional materials. **Additional Consent Questions**—To provide more clarity, families are asked to give specific permission for: first and last name, extension unit, 4-H club or town name, media (photos, video, audio, etc.), print-only media, social media, and county fair-related publicity. These responses **override** the general publicity release and help guide what can or cannot be shared publicly. These practices help protect youth privacy while still celebrating their achievements.

LOCAL 4 - H NEWS

UPCOMING MEETINGS

Phillips County 4-H Council — October 28 at 7:00 pm at the Phillips County Annex Meeting Room
Rooks County 4-H Livestock Committee—October 13 at 6:30 pm at the Rooks County Fairgrounds, 4-H Building
Rooks County 4-H Junior Leaders—October 13 at 7:30 pm at the Rooks County Fairgrounds, 4-H Building
Rooks County 4-H Council—November 10 at 7:30 pm at the Rooks County Fairgrounds, 4-H Building

OCTOBER 1 DEADLINE DAY

Record Books, Pin Applications and Project Report Forms are all due on October 1 to the Phillips-Rooks Extension District Offices. Members can complete all materials by pencil/paper, typed and printed (form fillable pdf) or ZBooks (online record keeping system—[RECORD REPORT FORM PILOT](#)). Please refer to this link to answer your questions regarding project recognition and project report forms—[Master Guide with Rubrics.pdf](#) Materials including tutorial videos can be found at the following links:

Record Book Personal Page: [Personal Info Page.pdf](#)

Record Book Permanent Record: [Project Recognition](#)

Member Achievement Pin Applications: [Awards and Recognition](#)

Project Report Forms: [Project Recognition](#)

A complete record book will have a personal page, permanent record and age appropriate project report form (general or animal project forms are available).

LOCAL 4 - H NEWS



KANSAS STATE FAIR

Congratulations to everyone that participated! You may pick up your entries at the Phillips-Rooks Extension District Offices.

4-H ENROLLMENT BEGINS—OCTOBER 1

All new and returning 4-H members, 4-H Cloverbuds and 4-H volunteers must enroll annually in 4-H. Enroll here: [Sign In \(4honline.com\)](https://4honline.com) Please make sure all contact information including email addresses are accurate as this will be the information used to get important 4-H information to all members including the monthly 4-H newsletter. When enrolling please select “Pay By Check” to have your \$15 enrollment fee covered by the Phillips County 4-H Council or Rooks County 4-H Council depending on which county you are enrolling in. You must be enrolled by October 31 to get your enrollment fee paid for. **DO NOT SELECT WAIVER WHEN ENROLLING!** Those members that are interested in participating in the Shooting Sports project (Air Rifles) must be enrolled by November 1. Don’t forget to enroll in the Leadership project if you are a 4-H member and age 12 by January 1.

NATIONAL 4-H WEEK & 4-H SUNDAY

October 5-11. Make plans to invite new members to 4-H. 4-H Sunday will be held October 5 at 6:30 pm at the United Methodist Church in Phillipsburg. Radio spots will be recorded and refreshments will be provided after the service.

Go Green on October 6. Wear a green hat, clothing, face paint—anything green goes. You can also give a short presentation to a group at school. 4-H For Good is October 9. A day to recognize all 4-Hers who are doing good and making a positive impact by helping their communities.

CLUB TREASURER AND LEADERS: FINANCIAL REVIEW

The yearly review of the club treasurer’s books will take place on:

Phillips County—October 27 at 6:00 pm at the Phillips County Annex Meeting Room

Rooks County—October 13 at 6:00 pm at the 4-H Building

Each club should be represented by the club treasurer and one leader to complete the review of club treasurer’s books.

4-H ACHIEVEMENT BANQUET

Phillips County—November 15 at 5:30 pm at the Phillips County Fair Building. A meal will be provided. Agra Trailblazers—set up tables, chairs and cover tables, Lone Prairie—decorations. Each club provide 2 members to greet guests at the door and seat them with appropriate club.

Rooks County—November 9 at 1:00 pm at the McKenna Youth Center in Palco. A meal will be provided. Please RSVP to the Phillips-Rooks Extension District Office by November 5.

LOCAL 4 - H NEWS

4-H OFFICERS & CLUB LEADERS TRAINING

Phillips County—November 24 at 7:00 pm at the Phillips County Fair Building. Club leaders meeting to follow officers training.

Rooks County—November 3 at 7:00 pm at the Rooks County Fairgrounds, 4-H Building for club leaders training. Officers training will be announced at a later date.

CLUB OFFICER ELECTIONS

As the new 4-H year approaches, so does your Club Officer Elections. Please follow the Guide to Parliamentary Procedure for your club: [meeting-will-come-to-order-simplified-guidelines-for-parliamentary-procedure_4H440.pdf](#)

Please make sure that all club members know that elections are taking place. Each club needs to have at least two club leaders selected from the club's parents committee. The club leaders can be set up on rotating terms at the club's discretion. Good luck with the upcoming 4-H year.

PHILLIPS COUNTY APPLICATIONS

Due October 1. Phillips County Club Seal Application, Phillips County Outstanding 4-H Member Application, and Phillips County 4-H Scholarship Application can all be found here—

<https://wakelet.com/wake/74cEuoNhURuinlF84b0dF>

The Phillips County 4-H Scholarship Application is for any Phillips County 4-H member that will be graduating from high school in 2026.

PHILLIPS COUNTY 4-H COUNCIL OFFICER APPLICATIONS

Due October 24 by noon. Officer positions are President, Vice President, Secretary, Treasurer and Reporter. Application can be found here—<https://wakelet.com/wake/74cEuoNhURuinlF84b0dF>. Election will take place on October 28.

PHILLIPS COUNTY 4-H CLUB PROGRAM BOOKS

Due December 1 to the Phillips-Rooks Extension District Office.

4-H PLEDGE

I pledge my **HEAD** to clearer thinking,
my **HEART** to greater loyalty,
my **HANDS** to larger service,
and my **HEALTH** to better living,
for my club, my community,
my country, and my world.



LIVE WELL, LEAD WELL WORKSHOP

SATURDAY, OCTOBER 4
GREAT BEND, KS

9:00 AM TO NOON

Register
Here



**Beyond
Ready**

Preparing our youth with

- ★ *Strong Minds*
- ★ *Active Hearts*
- ★ *Helping Hands*
- ★ *Healthy Lives*

Workshop Topics

Head

Yoga & Breathing

Modeling Dough & Activity Cards

Heart

Target Heart Rate

Line Dancing

Snack

Smoothie

Blender Bike

Hands

Conversation Rocks

Health

Re-Think Your Drink

Hands-On Activities

Who Should Register: All adults and youth (ages 7 to 18) interested in learning about healthy living choices and coping strategies through fun, hands-on activities.

Registration Fee: \$15 per attendee. (Registration fee includes workshop supplies, take home modeling dough and activity cards, conversation rocks, smoothie snack, and door prizes.) Please pay at your local Extension office by September 30th or bring your payment with you the day of the workshop.

What To Bring: Please bring your favorite drink for one of our activities.

Accommodations: Kansas State University Extension is committed to providing equal opportunity for participation in all programs, services, and activities. Accommodations for persons with disabilities may be requested with registration to this event.



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2nd Annual

Helpful Hands 4-H Club Sign Up Open House

October 12th
2-4pm

506 Main St.
Stockton, KS.



Bring your own computer and sign up for 4-H & projects through 4-H online. This is a guided session with the help of our leaders and our Rooks County Extension Agent! 4-H online can be a little intimidating so we encourage you to use this time!

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4 - H C A L E N D E R O F E V E N T S

October

1 4-H Online Re-enrollment Begins
1 4-H Record Books, Pin Applications and Project Report Forms Due
1 Phillips County 4-H Club Seal Application Due
1 Phillips County Outstanding 4-H Member Application Due
1 Phillips County 4-H Scholarship Application Due
1 National 4-H Conference and Youth Leadership Council Applications Due
3-5 Kansas Junior Livestock Show
4 Live Well, Lead Well - Great Bend
5-11 National 4-H Week
5 4-H Sunday
6 Go Green Day
9 4-H For Good
11-12 48 Hours of 4-H
12 4-H Club Open House
13 Rooks County 4-H Financial Review
13 Rooks County 4-H Livestock Committee
13 Rooks County 4-H Junior Leaders
18 Live Well Lead Well - Hays
18-19 State 4-H Dog Conference
24 Phillips County 4-H Council Officer Applications Due
25-26 Shooting Sports Volunteer Training
27 Phillips County 4-H Financial Review
27 Phillips County 4-H Council

November

3 Rooks County 4-H Club Leader Training
9 Rooks County 4-H Achievement Celebration
10 Rooks County 4-H Junior Leaders
10 Rooks County 4-H Council
15 Phillips County 4-H Achievement Banquet
22-23 Kansas 4-H Leadership Weekend
26 Phillips-Rooks Extension District Closed in afternoon
27 Phillips-Rooks Extension District Closed
28 Phillips-Rooks Extension District Closed

Visit our website:

<https://www.phillipsooks.k-state.edu/4-h/>

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